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Hungry Heart: Adventures In Life, Love, And Writing



Synopsis

“My mad Jennifer Weiner’s first book of essays is as wonderful as her fiction. You will love this book and wish she was your friend.” —Mindy Kaling, author of *Why Not Me?* “A fiercely funny, powerfully smart, and remarkably brave book. I was spellbound from the first page to the last.” —Cheryl Strayed, author of *Wild* “Generous, entertaining—this memoir will enthusiastically reach out to female readers and swiftly draw them close.” —Publishers Weekly, starred review Jennifer Weiner is many things: a bestselling author, a Twitter phenomenon, and an “unlikely feminist enforcer” (*The New Yorker*). She’s also a mom, a daughter and a sister, a former rower and current clumsy yogini, a wife, a friend, and a reality-TV devotee. In her first essay collection, she takes the raw stuff of her life and spins it into a collection of tales of modern-day womanhood as uproariously funny and moving as the best of Nora Ephron and Tina Fey. Born in Louisiana, raised in Connecticut, educated at Princeton, Jennifer spent years feeling like an outsider (“a Lane Bryant outtake in an Abercrombie & Fitch world”) before finding her people in newsrooms, and her voice as a novelist, activist, and New York Times columnist. No subject is off-limits in these intimate and honest stories: sex, weight, envy, money, her mother’s coming out of the closet, her estranged father’s death. From lonely adolescence to modern childbirth to hearing her six-year-old daughter say the f-word “for the first time, Jen dives deep into the heart of female experience, with the wit and candor that have endeared her to readers all over the world. Hilarious and moving, *Hungry Heart* is about yearning and fulfillment, loss and love, and a woman who searched for her place in the world, and found it as a storyteller. More praise for *Hungry Heart*: “Haven’t we all wondered exactly how the many-splendored Jennifer Weiner became so many-splendored? This candid, poignant, and very funny memoir tells all, and I’m confident other readers will be as fascinated and moved by it as I was.” —Curtis Sittenfeld, New York Times bestselling author “A collection of essays that deals with all of the issues we want to hear Jen speak about, all with the heart and humor that are the hallmarks of her fiction.” —PopSugar “Weiner lays her heart bare in this memoir, which is insightful and affecting and affirms exactly why she is so popular—she is gifted in the ability to write honestly and easily.” —Booklist “With keen insight into women’s lives, Weiner takes the serious themes of commitment, self-esteem, and identity and mixes in moments of laugh-out-loud humor.” —The Philadelphia Inquirer

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